

CVIDS Newsletter February 2015

President Nancy's Podium

"Be a giver, not a getter. Seek for the good in everyone and everything. Do at least one good deed every day, one that you don't have to do."-Mary Kay Ash

CVIDS is truly blessed in having givers in our membership. You are the true heroes in this Society. Without the effort that is done daily by members, we would not have as great of a group as we do. I will give just a few shout outs: Deb Hansen for auditing the treasurer books, Keith Riewerts for getting Karol Emmerich to come to be a Banquet speaker, Barb Papenhausen for volunteering to be a presenter for February at the January meeting, Scott Feddern for checking on Noel Ridge Park for a possible location for a spring plant sale, Nathan Kirkman for helping with publicity and Jonathan Poulton for the website and membership notices. And a big shout out to all who made a commitment of your time by signing up for projects that will be upcoming. To the board of directors and officers who give time to work behind the scenes to make a meeting run smoothly. Weren't Sara and Myrna great at check in last meeting. Every member has a hand in the CVIDS success and I really appreciated it this past month.

We may not know what a person's life had been like in the past week or month, but when we come together I have always felt that CVIDS makes decisions for the good of everyone. Thanks friends, for your kind words and support for a very greenhorn president. Nancy Carlisle

February 14, 2015 Meeting will be held at the Johnson County Extension Office, Iowa City, Iowa located at 3109 Old Hiway 218 South. (It may also be called Oakcrest Hill Road South East on some Google maps.) Potluck to start at **11:00** with meeting at 12:00 noon. **PLEASE NOTE THE CHANGE OF TIME.** Another meeting follows in the hall, so we need to vacate the building before 4 pm. We will have two featured talks, highlighting our own members.

Sherry McCarville will share her personal experience with essential oils. She will discuss the pros and cons, how and where to research for information about essential oils. She will show us how to use a still, demonstrate the use of several different types of diffusers. She will provide us with lots of reference materials and personal experience. She has created a handout with some recipes and websites of different companies. Sherry McCarville, Karmin Mullins and their friend Bev, will lead us in the direction of learning more about using our own plant materials for our health benefits.

Barb Papenhausen will hold an informational demonstration about soil amendments and the use of chemicals that may enhance our growing of daylilies and hostas. Barb states that her garden has such poor soil-clay that she must dig it out and amend it. She will demonstrate a new product that several elite hybridizers use- Karol Emmerich and Nan Ripley to be a name dropper. This soil medium allows the roots to grow and expand. She will also do a show and tell about different chemicals that she has worked with to find the magic elixir. Names like Super Thrive, Bap-10. She says nothing has died, but it did not grow hair on Bob's head either. Be prepared for a fun afternoon.

March 21, 2015 Meeting will be held in Davenport at New Hope Presbyterian Church, 4209 West Locust Street. Zora Ronan will show the slides about the 2015 Club Plant picks. I always look forward to seeing the wide variety that we will be able to choose from. Many members qualified to earn a plant this year. Barb McCreight will present on "The Pre-Emergent that saved my Garden". Directions will be available in the March newsletter, at the February meeting, and on the website.

The following amendment to CVIDS Constitutional Bylaw was Approved January 17, 2015 by members attending the January 17th, 2015 meeting. A big thank you to Jonathan Poulton for helping us to achieve a way to elect officers. Since this article passed in January, I am looking for 3 volunteers to serve for the Nominating Committee for 2015. Elections will be held in November for Vice President and Treasurer.

ARTICLE IV - ELECTION OF OFFICERS

Section 1. To promote continuity of information, the election of the President and Secretary will take place in even years, whereas the Vice President and Treasurer will be elected in odd years.

Section 2. In January, the President will call for 2-3 volunteers to serve as an ad hoc Nominating Committee. Committee members will decide which of them serves as Chair. The Committee is charged with establishing by the end of the October meeting a slate of candidates for the open offices that year. These openings will be publicized mid-year at Society events and via the Newsletter and website.

Section 3. Although the Nominating Committee Chair will usually approach potential candidates regarding open positions, any Society member wishing to run is strongly encouraged to contact the Nominating Committee Chair directly.

Section 4. After allowing additions to be made from the floor during the October meeting, the Committee Chair will publish the electoral slate of candidates in the Fall Newsletter, via e-mail, and on the website.

Section 5. The election will take place at the November business meeting, if necessary by secret ballot when there are multiple candidates for a given office. Any members wishing to vote in the election but unable to attend that meeting may cast their votes by contacting the President beforehand. After taking into consideration any absentee ballots, the President will announce the election results.

Section 6. The newly elected officers will take office at the conclusion of the November business meeting.

Section 7. The Board will fill any vacancies that occur mid-term.

Minutes for CVIDS Meeting: January 17, 2015 at Coralville Public Library

The first meeting of the 2015 year began at 12 noon with a potluck and fellowship. Fifty-two members attended. Zora Ronan presented a program on Garden Etiquette, the AHS Medal Winners and information about the judging process. Dave Appelquist presented slides featuring the ice cream social of the 2014 Garden Tour at his White Oak Garden. He also highlighted daylilies from his hybridizing efforts.

President Nancy Carlisle called the business meeting to order at 2:02 PM. Sign-up sheets for committee assignments circulated during the meeting. Sign-up sheets also included a list for ordering the AHS Illustrated Guide to Daylilies at a group rate of \$13 and plant stakes. Volunteers were requested for club booths at the Winter Gardening Fairs at Kirkwood and Muscatine. It was suggested that our booths provide information on growing daylilies and highlight the diversity in daylily cultivars by including the club plant photo notebook.

Several members eulogized Charter Member Lynn Stoll. Lynn's leadership and passion were instrumental in the formation of CVIDS. Her contributions in both the iris and daylily world were noted. She became a role model and mentor as she demonstrated high standards for both herself and her plants. Her influence will be evident for years to come.

Because of parking limitations at the May Plant Sale in North Liberty, a new location will be needed. Dave and Sue Kramer have participated in the Indian Creek Nature Center Plant Sale and offered their help if the club

would want to apply for the space they will vacate this year. Gary Oster made a motion to reserve space at the Indian Creek Nature Center Plant Sale (deadline is mid-February) and continue discussion. Motion seconded by Sherri Baldonado. Motion failed.

Colleen Hansen made a motion to gather information on the possibility of having the spring sale at the Muscatine Environmental Learning Center OR the possibility of participating in not more than two small-town city-wide garage sales. Colleen volunteered to research these possibilities and give the information to the President before our next meeting. Jonathan Poulton seconded, motion carried.

Treasurer Sherri Baldonado presented the final fiscal report for 2014 and assisted President Nancy in presenting the 2015 proposed budget. Motion made by Dave Appelquist, seconded by Clay Dawson to approve the budget. Motion carried.

Jonathan Poulton presented the proposed By-law Amendment to Article IV-Election of Officers. The change further explains the mechanism for officer election. This amendment has been published and presented twice. Motion by Jonathan Poulton, seconded by Keith Riewerts to approve the amendment to Article IV. Motion carried.

The next meeting will be February 14th at the Johnson County Extension Office in Iowa City. **NOTE: the potluck start time will be moved up to 11:00 A.M.** CVIDS will have their 25th anniversary in March. Bring ideas for an Anniversary Celebration to the February meeting.

Keith Riewerts announced that Karol Emmerich of Minneapolis will be our speaker for the November 14, 2015 banquet. The location will probably be the Holiday Inn in Iowa City with possibly an earlier start time.

Several lucky members were winners in the door prize drawing.

Old Business Items:

Approval of Minutes – (M/S Barb McCreight, Mindy Eilers).

Approval of Treasurer Report – (M/S Colleen Hansen, Donna Denley).

Jonathan Poulton, Webmaster and Membership Chair gave updates in both areas.

Noted that Family dues of \$8.00 includes all in the family unit.

Keith Riewerts presented the proposed changes to the Eligibility for Club Plant Distribution. This was the first reading of this proposal with voting expected at the March meeting.

A majority of those present desire that the CVIDS Newsletter continue in either an electronic or paper-mailed version. Jan Rogers and Nancy Carlisle have volunteered to be co-editors. Please offer help in writing articles or sharing information about yourself.

Motion to adjourn – (M/S Scott Feddern, Colleen Hansen.) Meeting adjourned at 3:45 PM.

Respectfully Submitted, Sara Hankemeier, Secretary

ITEMS TO ORDER

Kinkaid Plant Markers We will place an order after the March meeting. If unable to attend in the next two months, please call Nancy Carlisle to place an order. Prices vary based on the length of the stake. A discount is provided by Kinkaid for club orders. You might want to look at their website at the Signature Series M style that we will order. These are the same that you received for the 2014 Club Plant marker.

The Illustrated Guide to Daylilies edited by Oscar Billingslea.

A book with 24 chapters on preparing the garden, planning daylilies, caring for daylilies, landscaping, diploids and tetraploids, shows, hybridizing, registering, arrangements, cooking and a glossary. There are new chapters on the Stout and Lenington Winners, beneficial insects, current information on pests and diseases, how to organize a daylily show and on photography. I can't wait to get my own copy. As a dietitian, I am intrigued about the chapter on cooking. I have always put some chicken salad in *H. 'Lemon Velvet'*, but I wonder what else I can do?

We will be ordering this at the discounted rate available to clubs. Your cost will be \$13.00. Orders will be accepted through the February meeting. If you will not be present to order, give me an email with how many that you want to have

Garden Fairs

Winter Gardening Fair being held on Saturday, **February 21**, 2015 at Kirkwood Community College in Cedar Rapids, Iowa is the **largest event of its kind in Iowa**, a day-long event which will include a choice of 3 keynote presentations and more than 50 different workshops. All designed to inform and entertain the home gardener who wants to learn tips, techniques, and problem-solving for any landscape. There is something for everyone, from beginning gardeners to seasoned veterans. The large variety of topics range from trees and shrubs, sustainable lawn care, bees, square foot and organic vegetable gardening to garden art, photography, food preservation, butterfly gardening and so much more.

Tuition is \$59 for all day and includes a boxed lunch. View a complete list of classes and register online at www.extension.iastate.edu/linn/news/winter-gardening-fair-2015. Class sizes are limited. Register NOW for best selection.

CVIDS has an information booth at this Fair. As a volunteer, you will receive a free lunch. The following CVIDS members have agreed to represent us: Jo Lynn Johnson, Gary Oster, and Dave Kramer. One more person could still volunteer to help. Please sign up at the February meeting. Keith Riewerts will bring the notebook of previous years' Club plant selections to help promote daylilies.

Art of Gardening Fair will be held at Muscatine Community College on Saturday, March 14th.

Heather Harroun and Sherri Baldonado have volunteered to showcase CVIDS. Zora Ronan will be a featured speaker at both of these events. One of her presentations at Muscatine is called "Where in the World". Travel is the next best thing to gardening. Take a photo journey to Europe and other places along the 40th parallel north. We will look at how different gardens are based on climate and location and how they might compare to our own Zone 5. (Description from Art of Gardening)

Horticulture in the Heartland will be held at the Clinton Community College, 1000 Lincoln Boulevard on Saturday, March 7, 2015. For more information, contact Margo Hanson at the Bickelhaupt Arboretum 563-242-2771. One of the featured speakers is Gary Whittenbaugh, nationally known in the American Conifer Society and the North American Rock Garden Society and who is a plant expert. He will talk on "The Wonderful World of Rock Gardens." Gary will "rock" your garden world by showing miniature, hardy and unusual plants for small areas and rock gardens. Listen, laugh, and learn from the expert! **We have not had a booth at this garden fair before. Is anyone interested?**

Calendar and Culture

By Gerald Hobbs, Hobbs Hilltop Garden, Fort Madison
Charter member of Cedar Valley Iris and Daylily Society

Here are a few things that have worked for me in Southeast Iowa.

Early April; or earlier if the garden is dry. Clear the leaves, debris, and over wintering weeds from the clumps. I left the old leaves on the clumps the preceding Fall for mulch and to collect snow for additional mulch and moisture, but the dead foliage is no longer useful and eliminates harbors for thrips, snails, and spring sickness and makes future processing easier. After clearing, apply a pre-emergence herbicide such as Preen, Surflan, or Prowl. I use a liquid herbicide called Prowl (4 oz/gal) applied with a tank sprayer. It has a yellow dye in it for use as a marker to determine coverage. Use gloves and avoid getting it on your clothing or shoes as the stain is hard to remove. You may have to get it at a grain elevator or farm supply, but it does a better job than Preen and is cheaper in the long run. It has a long shelf life. Don't use it on vegetable gardens. This sure eliminates a lot of hoeing and weed pulling. I think this product is not as destructive to soil microbial activity as roto-tilling. I still see a lot of earthworms.

Late April; Spread Milorganite which is a deer deterrent and provides some micronutrients like iron, calcium, zinc, sulphur, and copper. It is a slow release and won't burn. If you hybridize and haven't started seeds indoors, put stored seeds into a cross marked plastic bag with some damp sand, vermiculite or sphagnum moss about a week before you want to plant in the garden. When you see the small root (radicle) start from the bottom of the seed, plant it in the garden about 1/4-1/2" deep. I plant thickly, then transplant in early August to about 8" apart which gives them room to develop. A few will bloom the next year, but it usually takes 2 years. "I sow because I can't sew. That way I get better "hems" than sewing. So, I'm looking for new 'patterns'".

Early May; Good time to transplant. If soil is dry, now is the time to water. This is when the plants are setting up for scapes and buds in July. If transplanting, put in a few alfalfa pellets or aged horse manure. "She was just the jockey's daughter, but all the horsemen knew 'er."

Late May; Test the soil for pH, NPK and if desired, top dress with a slow release lawn fertilizer. I use Sta Green 20-0-5 from Lowe's. It will feed all Summer with one application and won't burn, A lot cheaper than Osmocote. Using a balanced fertilizer such as 12-12-12 can accumulate too much Phosphorus in the soil.

Spray with Bobbex deer deterrent. It has been tested by the University of Tennessee to be better than Liquid Fence and others. The only thing better is an actual fence. It seems to be a systemic for a lasting effect and rain resistant. You may have to reapply occasionally on newer growth. Apply with a tank sprayer on scapes and buds. A homemade deer repellent mix is: 1 tablespoon ground red pepper, 1 tablespoon granulated garlic, 1 tablespoon Louisiana hot sauce mixed with 2 tablespoons of Gain fabric softener, mix with a little hot water, pour into a tank sprayer, fill to a level of one gallon with water. Don't drink it! It tastes awful.

Late May-June; Spray for those pesky broad leaf weeds with Ortho Weed B Gone Max. It is a lawn herbicide that kills broad leaf weeds and crab grass but doesn't affect daylilies or iris because they are narrow leaf (monocots not dicots). You can spray right into the clump. I buy the concentrate & mix it in a tank sprayer. It will also kill crabgrass. To kill young grass you can use Ortho Grass B Gone.

Late June- August; Enjoy & visit gardens! Buy new ""must have" daylilies! Make crosses for new & better? seedlings. Evaluate seedlings for plant and flower quality. Line out possible introductions.

September; Collect seeds in envelopes and mark the crosses.

November; Mulch new acquisitions and evergreens with pine needles or straw. It reduces soil temperature and prevents drying out by wind, and collects snow for moisture.

Dec.-March; Rest and attend meetings.

5 February 2015

25th Anniversary of CVIDS March 1990 to March 2015

A birthday cupcake treat will be placed as a centerpiece on all of the tables at the March meeting. Enjoy the treat. I would like to have you as members come up with some other ideas to help celebrate being 25 years old. Do you remember what you were doing when you were 25? (I had my first baby just a month before I turned 25, she was supposed to be born on my birthday, but came amazingly early!!) Would you like to have a special speaker, earn a reward, get a gift? Come and share ideas with the board at the next meeting.

Pollen Dabbers

The Central Iowa Daylily Society will host a Hybridizer's Forum on Friday and Saturday, March 13-14 at the Marshalltown Community College. Registration starts at 5 pm Friday with pizza. CIDS club members show off their creations from 6-8. Saturday registration at 8 with more Hybridizer's slides being featured and the guest speaker Tom Keast. Cost is \$35. I have a room reserved and would love to share some cost with several others. Let me know if interested. There is an auction at the end of the day. You never know what you will come home with for your garden on a postcard.

Valentines Day 2015 Trivia

This season the florists are calling it a "slim flower day". When the event falls on the weekends, the guys tend to take out their ladies to supper and not send flowers to their place of work during the week. Bummer for the florists, great for the restaurants. Perhaps, we should do both.

Webmaster Request:

Jonathan is looking for photos. If you did not drown your camera and cell phone during the deluge at the Fall Plant sale, please share any "drowned rat 'ie' member" pictures with him. He is also looking for the Spring Plant sale. If you have not looked at the archive section of the website, take some time to do so. It is a work of art each year. Thanks, Jonathan.

Recipe Feature:

You will notice a new feature in this newsletter. Per requests of members, we will share some recipes in the newsletter. Please submit them to Nancy Carlisle or Jan Rogers. Gary Oster is sharing his famous cream puffs with us. I know there are great cooks among us. Please bring a copy of a favorite recipe that you have brought before.

Featured Member: We would also like to feature you as a member of CVIDS over the next year. If you would like to share your story, please contact Jan Rogers or Nancy Carlisle.

Arlene Oster's Famous Cream Puff Recipe, courtesy of Gary Oster

Cream Puffs

- 1 cup water
- ½ cup butter or margarine
- 1 cup all-purpose flour
- 4 large eggs

Vanilla Fluff Filling

- 1 large package (8-serving size) vanilla instant pudding and pie filling mix
- 1 ½ cup milk
- 1 teaspoon Vanilla extract
- 1 cup Cool whip
- Powdered sugar

Directions

- 1. Heat oven to 400°F. In 2 1/2-quart saucepan, heat water and butter to rolling boil. Stir in flour; reduce heat to low. Stir vigorously over low heat about 1 minute or until mixture forms a ball; remove from heat. Beat in eggs, all at once; continue beating until smooth. *Gary said his mom used an electric mixer as she grew older. She also used the microwave to do this step.*
- 2. On ungreased cookie sheet, drop dough by slightly less than 1/4 cupfuls about 3 inches apart. Bake 35 to 40 minutes or until puffed and golden. Cool away from draft, about 30 minutes. *Gary called it a quick oven, started it at 450 for 10 minutes and then turned it down to 400. and NO PEEKING!*
- 3. Make the filling. (directions are below). Cut off top third of each puff and pull out any strands of soft dough. Fill puffs with filling; replace tops. Cover; refrigerate until serving. Store covered in refrigerator.
- Vanilla Fluff Filling: In large bowl, beat pudding mix, milk, vanilla extract, with electric mixer on low speed until well blended. Add cool whip; beat on high speed 1 to 2 minutes or until soft peaks form. Fill puffs. Serve immediately, or cover and refrigerate up to 3 hours. Just before serving, sprinkle with powdered sugar.

A little puff pointer: Make sure the cooked dough is still warm when you drop it onto the cookie sheet. Not to worry, it's supposed to be a little sticky and paste-like.

Omit the filling and frosting, and fill with ice cream, sherbet, sorbet, berries or whipped cream. Dust with powdered sugar, or drizzle with purchased chocolate sauce.

Gary said they always cut the puffs in half and filled both sides with pudding mix before reassembling. Gary says the vanilla extract and filling both halves over full, is what makes this recipe from Arlene so good. He prefers to use two boxes of pudding mix and 3 cups of milk. He mentioned that they were always served in their Lowden restaurant on the days they served ham balls. His mother Arlene used to make over 110 in a day. I know that Gary still loves to make this recipe. Whenever he brings these, I grab one and eat it before anything else.

Proposal from Committee suggested by the members during October 2014 meeting

The committee has met several times and is proposing changes to the handbook. This must be printed 2 times prior to it being able to be voted on. This is publication time number two.

Eligibility for Plant Distribution – (approved October, 2011) ELIGIBILITY FOR CLUB PLANT DISTRIBUTION

A club plant is a reward for being an active member of the club. Each year, CVIDS will use a portion of its funds to buy some choice daylilies that will be distributed in the spring to eligible members to grow in their garden for two years. Members choose their plants in a lottery draw. Members are asked to help evaluate the characteristics and hardiness of their chosen cultivar in this area. It is expected that the member will treat their club plant with kindness yet let the plant experience the same growing conditions that make our Eastern Iowa area an unique one. In August of the second year, members will keep a plant equal to the original size (number of fans) that they received and return all fan increases to CVIDS for its Silent and Live Auctions that month. At that time, the largest double fan will be awarded to the highest bidder, and any additional increases will also be auctioned.

ELIGIBILITY REQUIREMENTS: To be eligible to receive a club plant for the current year, a member must have:

- ▶ paid membership dues for both the current and previous years (paid by April 1 of each year) . .
- ▶ contributed to the club's activities during the previous calendar year (January 1 through December 31) by undertaking any two of the following:

- (1) attended two club meetings (includes garden tour but not the banquet)
- (2) served as a CVIDS Board member
- (3) chaired or co-chaired a committee
- (4) donated plants to a club sale
- (5) assisted at the CVIDS plant sales or auctions
- (6) presented a club program
- (7) hosted a CVIDS garden tour
- (8) written an article for the newsletter
- (9) bid in the Silent Auction of returning club plants
- (10) performed any other activity that contributes to the success of the club.

SELECTION BY PROXY:

If a member with eligibility to receive a plant is unable to attend the Plant Distribution, he/she may assign a proxy to select a plant for them during the drawing. However, the member must inform the Treasurer of their designated proxy prior to the Plant Distribution. If no proxy is designated, no proxy will be chosen for them.

Eligibility for Plant Distribution – (proposed January, 2015)

ELIGIBILITY FOR CLUB PLANT DISTRIBUTION

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ELIGIBILITY REQUIREMENTS: To be eligible to receive a club plant for the current year, a member must have:

- ▶ paid membership dues for both the current and previous years (paid by April 1 of each year). .
- ▶ contributed to the club's activities during the previous calendar year (January 1 through December 31) by undertaking any **four** ~~two~~ of the following:

- (1) Attend two club meetings (~~includes garden tour but not the banquet~~) (**excludes plant distribution, garden tours and banquet**)
- (2) Serve as a CVIDS Board member
- (3) Chair **or co-chaired** a committee
- (4) Donate plants to a club sale
- (5) Assist at the CVIDS plant sales or auctions
- (6) Present a club program
- (7) Host a CVIDS garden tour
- (8) Write an article **or provide photos** for the **website** **or** newsletter
- (9) Bid in the Silent Auction of returning club plants
- (10) Win a live auction**
- (11) Perform any activity that contributes to the success of the club.

SELECTION BY PROXY:

If a member with eligibility to receive a plant is unable to attend the Plant Distribution, he/she may assign a proxy to select a plant for them during the drawing. However, the member must inform the Treasurer of their designated proxy prior to the Plant Distribution. If no proxy is designated, no proxy will be chosen for ~~them~~ **him or her**.

This proposed handbook change will be discussed at the February meeting, at which time we shall vote on any amendments. I plan on a vote on the final document at the March 2015 meeting.